

**Tobacco Use
Prevention
Education
(TUPE)
Presents:**

**February
15 and 16**

8:30 AM - 12:00 PM

Via Zoom*

*(Zoom link will be sent after
Eventbrite registration)*

When registering, please include either your home address or work address for shipment of materials prior to the training date.



**SAN MATEO
COUNTY
OFFICE OF
EDUCATION**

Brief Intervention Training

BRIEF INTERVENTION is an approach that uses motivational interviewing, cognitive behavior therapy, and the stages of change model to meet the needs of adolescents who use alcohol, tobacco and other drugs.

Learning Objectives:

- Examine attitudes and relationships with teens
- Learn to teach adolescents how to take a more active, reflective role in decisions about their own behavior
- Identify strategies that would support an adolescent driven to make decisions they see as beneficial
- Increase knowledge about alcohol, tobacco and other drug use among teens
- Utilize motivational interviewing to empower rather than enforce
- Identify how Brief Intervention can be used as an alternative to suspension

Target Audience:

School Administrators, Educators, Counselors, Nurses, CBOs, and Youth Workers

Eventbrite Registration:

briefinterventiontraining2023.eventbrite.com

Questions? Contact Theresa Vallez-Kelly at
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